

Permitabs®
For the preparation of external solutions
 potassium permanganate

HARMFUL IF SWALLOWED
DO NOT PUT IN MOUTH

Read all of this leaflet carefully before you start using Permitabs tablets for solution.

- Keep this leaflet. It provides a summary of the information available on Permitabs. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.

Permitabs are for external use only

The information in this leaflet has been divided into the following sections:

1. What Permitabs are
2. Before you use Permitabs
3. How to prepare a solution of Permitabs
4. How to use Permitabs solution
5. How to store Permitabs
6. Further information

1. What Permitabs are

The name of this product is Permitabs.

Permitabs are purple flat-sided tablets for solution containing potassium permanganate 400 mg. Permitabs provide a convenient tablet form for the preparation of solutions of potassium permanganate.

2. Before you use Permitabs

- Do not touch or use Permitabs if you are allergic (hypersensitive) to potassium permanganate.
- Do not get Permitabs near or in your eyes and avoid contact with mucous membranes (inside of mouth, nose, ear, genitals, anus) as they may cause irritation.
- Do not eat, drink or smoke when using this product; Permitabs is harmful if swallowed.
- Do not use Permitabs on unaffected skin.
- Stop using Permitabs, if skin becomes dry.
- As Permitabs (potassium permanganate) is a dye, do not allow the tablets or solution made from the tablets to come into contact with clothing, fabrics, etc. as it will stain.
- Do not use Permitabs in a ceramic basin or bath as it will stain.

3. How to prepare a solution of Permitabs

The solution should be made up just before it is used. If the solution is left it will start to oxidise and go brown, after which time it should not be used.

If you are not sure what strength of solution is required or you have any further questions on the use of this product, ask your doctor, pharmacist or nurse.

A quantity of the required strength of solution may be prepared by the following method:

1. Pour 500 ml of very warm water into a heat-resistant container. Do not use a ceramic basin as Permitabs can stain.
2. Look at the tables below to work out how many tablets you need to make the strength of Permitabs solution required.

Please note the number of tablets will be different depending on whether you want to make a large or small volume of Permitabs solution.

To make up small volumes of Permitabs solution:

Strength of Permitabs Solution Required	Number of Tablets (to be added) to 500 ml of water	Volume of Water (in litres)
1: 12 000	1	4.2
1: 10 000	1	3.4
1: 8000	1	2.6
1: 6000	1	1.8
1: 4000	2	2.6
1: 2000	4	2.6

To make up large volumes of Permitabs solution:

Strength of Permitabs Solution Required	Number of Tablets (to be added) to 500 ml of water	Volume of Water (in litres)
1: 12 000	11	53
1: 10 000	13	52
1: 8000	16	51
1: 6000	20	48

3. Place the required number of tablets into the container of 500 ml of water from step 1. Wear gloves when handling the tablets. The tablets will take a few minutes to dissolve. Stirring occasionally may help the tablets to dissolve. Once the tablets have dissolved completely you will have a concentrated solution of Permitabs.
4. Look at the tables to work out what volume of water you need to make the strength of Permitabs solution required.
5. Pour the required amount of warm water into a second container. Do not use a ceramic basin or bath as Permitabs will stain them.
6. Take the 500 ml of concentrated solution of Permitabs (from step 3) and carefully pour into the second container of warm water you have prepared in step 5.
7. The 500 ml of concentrated solution plus the volume of water indicated in the table will give the final strength of Permitabs you need.
8. Permitabs solution is now ready for use.
9. Always clean the container thoroughly after use.

If you are not sure what strength of solution is required or you have any further questions on the use of this product, ask your doctor, pharmacist or nurse.

4. How to use Permitabs solution

Remember! Permitabs are for external use only. Do not put in mouth.

Directions for use

1. If you are soaking your hands or feet, you can apply petroleum jelly to your nails to prevent the Permitabs solution staining.
2. Soak the affected area in the solution prepared earlier (see section 3. How to prepare a solution of Permitabs) for 10-15 minutes.
3. Then take out of the solution, pat dry with a paper towel and apply any recommended creams or dressings.
4. Discard the solution.

What to do if Permitabs is accidentally swallowed

If anyone accidentally swallows Permitabs tablets or solution wash out the mouth thoroughly with water and give plenty of water to drink. Do not induce vomiting. Contact your nearest accident and emergency department immediately.

What to do if you get Permitabs in your eyes

Wash your eyes straight away with plenty of water. Remove any contact lenses and open your eyes widely. Continue to rinse for at least 15 minutes. Contact your nearest accident and emergency department immediately.

5. How to store Permitabs

Keep out of the sight and reach of children.

Keep Permitabs away from combustible materials.

Do not mix the tablets or tablets in solution with any other substances.

Always replace the cap tightly after use.

Store Permitabs in a cool, dry and well ventilated place. Protect from light.

Any left over Permitabs should not be disposed of via household waste. Ask your pharmacist on how to dispose of any Permitabs no longer required. This will help protect the environment.

Do not store Permitabs as a solution. The solution should be made up just before it is to be used. If the solution is left, it will start to oxidise and go brown after which time it should not be used.

6. Further information

Permitabs is manufactured by Thompson and Capper Limited, Runcorn, Cheshire, UK.

On behalf of Alliance Pharmaceuticals Limited, Avonbridge House, Bath Road, Chippenham, Wiltshire, SN15 2BB

Telephone: +44 (0) 1249 466966

The information in this leaflet applies only to Permitabs. If you have any questions or you are not sure about anything, ask your doctor, pharmacist or nurse.

This leaflet was last revised in January 2016

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